

Before we get started...

What kinds of energy-saving opportunities are you pursuing?

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**JANUARY 25, 2024**

# Energy-saving Opportunities in the Food & Beverage Processing Sector

**Andrew Knox**

Senior Manager, Consulting Services  
Goldfin Consulting

**Bruce Taylor**

President  
Enviro-Stewards

# Today's Agenda

1

Identifying Energy-saving Opportunities

2

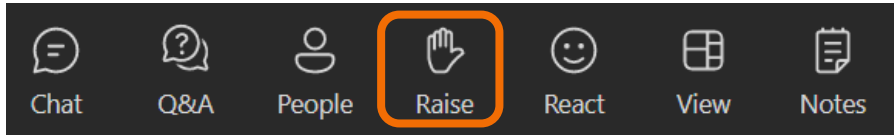
Common Opportunities in the Food & Beverage Sector

3

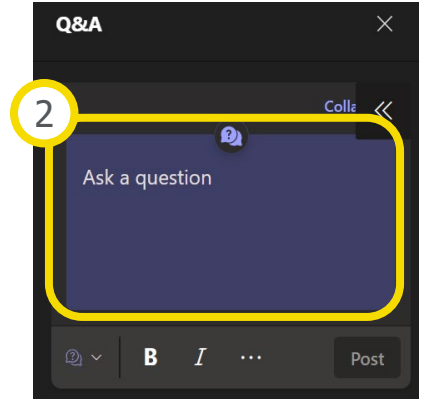
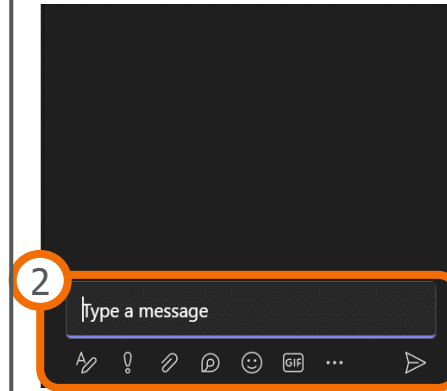
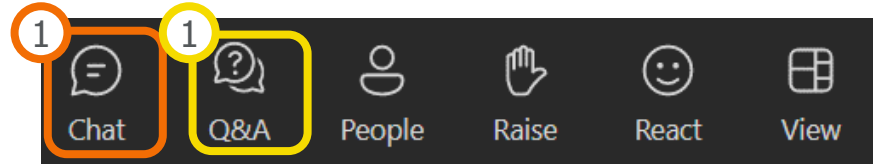
Answering your Questions

# Participate in the discussion!

Raise hand or use the chat or Q&A to comment or ask questions.



To lower your hand, press the “Raise” button again.



# Follow along in your workbook

## Have the workbook open or printed out

We will be using the Participant Workbook to summarize and reinforce key points and record your key take-aways.

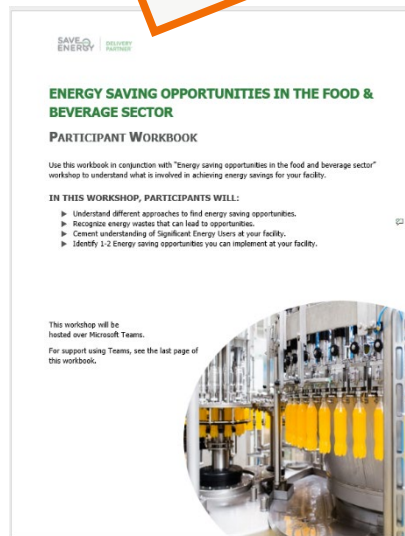
## Where to find the workbook:

- In the chat

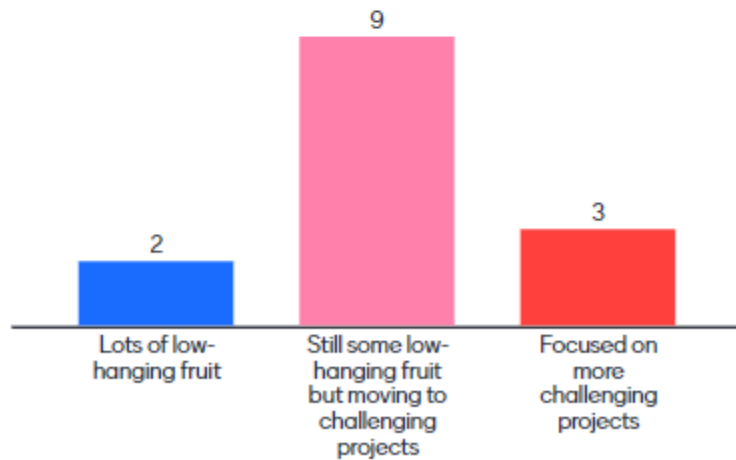


Pg. 1

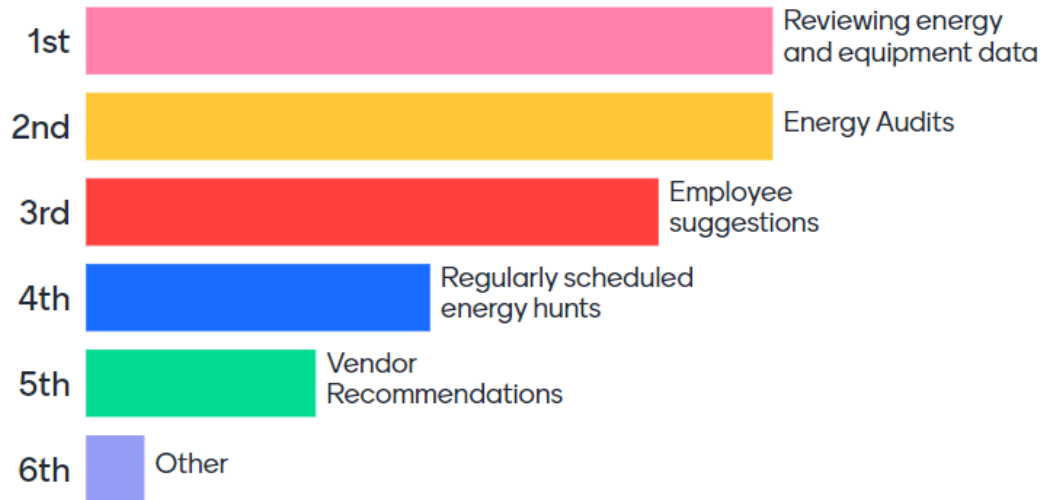
Watch for this icon to help follow along



# What kinds of energy-saving opportunities are you pursuing?



# What do you do to find opportunities?



# Practices to Identify Opportunities

## Data Analysis

- Energy Baseline Models
- Interval Data Analysis
- Benchmarking

## Site Searches

- Energy Audit
- Energy Hunt

## Employee-facing Strategies

- Energy Training Sessions
- Suggestion Box
- Reviewing Capital Plans



# How do you Find your Energy-saving Opportunities



Pg. 3

- Turn to page 3 of your workbook
- Take some time to identify strategies you currently use at your facility and future strategies you would like to implement

## HOW DO YOU FIND YOUR ENERGY-SAVING OPPORTUNITIES?

The "how" of identifying savings opportunities can be divided into general practices, and specific items.

### GENERAL ENERGY OPPORTUNITY IDENTIFICATION PRACTICES

Circle or highlight the general practices you follow, and document practices listed here that you would like to adopt in the near future.

- Energy Audits
- Energy Management Systems
- Energy Benchmarking
- Reviewing Equipment/Energy Data
- Training on Energy Waste
- Suggestion Forms

Document the practices you will adopt in the near future, including those that may not be on the list above.

# Nine Energy Wastes Review



Pg. 4

- Turn to page 4 of your workbook
- Think about where those energy waste may be occurring in your facility

## 9 ENERGY WASTES

- Identifying energy wastes within your facility can lead to savings opportunities.
- [Take a look](#) at the table below for a few examples:

Type of waste	Examples of Opportunities	Opportunities within Facility
<b>UNNECESSARY RUNNING OR IDLING</b>	<ul style="list-style-type: none"> <li>• Equipment and lights on during non-operating periods.</li> <li>• Running pumps, conveyors or operating heat treat furnace at full temperature during idle periods</li> </ul>	•
<b>LEAKS</b>	<ul style="list-style-type: none"> <li>• Compressed air leaks, uninsulated steam pipes, water valve leaks, broken duct work</li> </ul>	•
<b>FRICTION LOSS</b>	<ul style="list-style-type: none"> <li>• Clogged filters, obstructed blower discharge, restricted flow due to damper settings, dirty heat and cold transfer services.</li> </ul>	•
<b>SUB-OPTIMAL EFFICIENCY</b>	<ul style="list-style-type: none"> <li>• Replace existing equipment with higher efficiency models.</li> <li>• Ensure proper installation of equipment and set to run at peak efficiency.</li> </ul>	•
<b>MALFUNCTIONS</b>	<ul style="list-style-type: none"> <li>• Broken or stuck actuators, valves and switches.</li> <li>• Malfunction/broken equipment.</li> <li>• Bearing fixture.</li> <li>• Broken or uncalibrated sensors and gauges.</li> </ul>	•

# Nine Energy Wastes



Unnecessary Running or Idling



Leaks



Friction Loss



Sub-optimal Efficiency



Malfunctions



System Imbalance



Misapplication



Underutilization



Traditional Lean Waste

# Energy Waste Examples



## Unnecessary Running or Idling

Keeping ovens on when there is no product in the oven



## Sub-optimal Efficiency

Poor sequencing of chillers (e.g., the least efficient chiller is the baseload chiller)



## Misapplication

Using compressed air for cleaning or personal cooling

# Energy Waste Examples



## Leaks

Leaks in wash water systems, refrigerant leaks



## Malfunctions

Broken seals on refrigerant doors



## Underutilization

Oven space not fully utilized

# Energy Waste Examples



## **Friction Loss**

Product build-up on pipe interiors



## **Traditional Lean Waste**

Product waste

# System Imbalance



System imbalance occurs when the work being provided (heating, cooling, other) does not match the level required.

## System Imbalance Examples

- Chiller set-points not optimized and not responsive to outdoor conditions
- Pumps oversized
- Process temperatures too high

# Where might unnecessary running be occurring in your site?

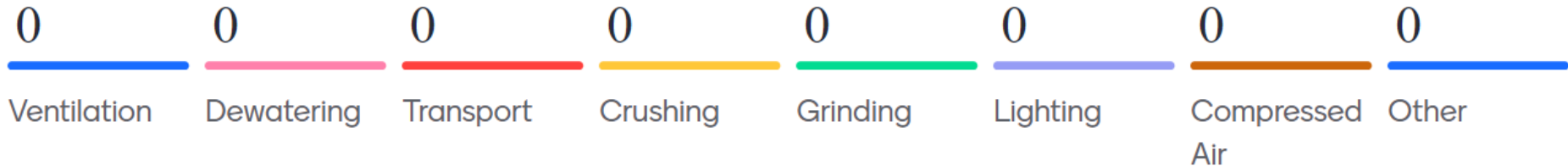
7 responses

steam heating of tanks  
lights  
diesel equipment  
explosive nearby  
conveyor  
conveyors

[Login to edit this Mentimeter](#)



# What are your three largest energy users?



# Common SEU's in Food & Beverage Facilities



Pg. 6

- Refrigeration/Freezing
- Ovens/Baking
- Mixers/Grinders
- Cleaning systems
- Pumps & Fans
- Compressed Air
- Other



# Bruce Taylor, President, Enviro-Stewards Inc.

## Purpose:

- Identify Practical Affordable Measures to Conserve Energy

## Process:

- Holistic Project Approach
- Relevant Case Studies
- Question & Answer

## Payoff:

- Higher Margin, Smaller Footprints, and Brand Stewardship

# Walk the Walk

Footprint: Operations (Scope 1&2), Supply Chain (Scope 3)

- 97% less outside air required
- 88% reduction in GHG/employee
- 0 L/yr tap water for living wall for 5 yrs
- May 2021 added affordable smart blue roof



# Case Study: Maple Leaf Foods

- Enviro-Stewards completed energy, water and pollution prevention assessments at 35 facilities
- MLF reports 572 of the 1,300+ projects identified have been implemented (savings over \$17 million to date)
- World's first major carbon neutral food company (while generating a net increase in profitability)

**MAPLE LEAF FOODS**  
World's First Major Carbon Neutral Food Company

**MAPLE LEAF FOODS & ENVIRO-STEWARDS**

**LEADING BRANDS ARE COMMITTING TO CARBON NEUTRALITY SOMETIME IN THE FUTURE, BUT WHY WAIT?**

There is simply no more time to waste. The urgency of the climate crisis requires us to act now. That is why in 2019, Maple Leaf Foods became the first major food company in the world to become carbon neutral and is on a journey to become the most sustainable protein company on earth.

Even more impressive, they **achieved carbon neutrality while generating a net increase in profitability.**

**HOW DID MAPLE LEAF FOODS BECOME CARBON NEUTRAL?**

By aggressively avoiding and reducing its greenhouse gas emissions across its operations and supply chain and by investing in high-impact environmental projects across North America to offset the remaining, unavoidable emissions.

MLF's sustainability team retained Enviro-Stewards to find practical viable measures to reduce its environmental footprint at each of 35 MLF facilities across North America.

Thus far, the conservation measures have resulted in the following savings\*:

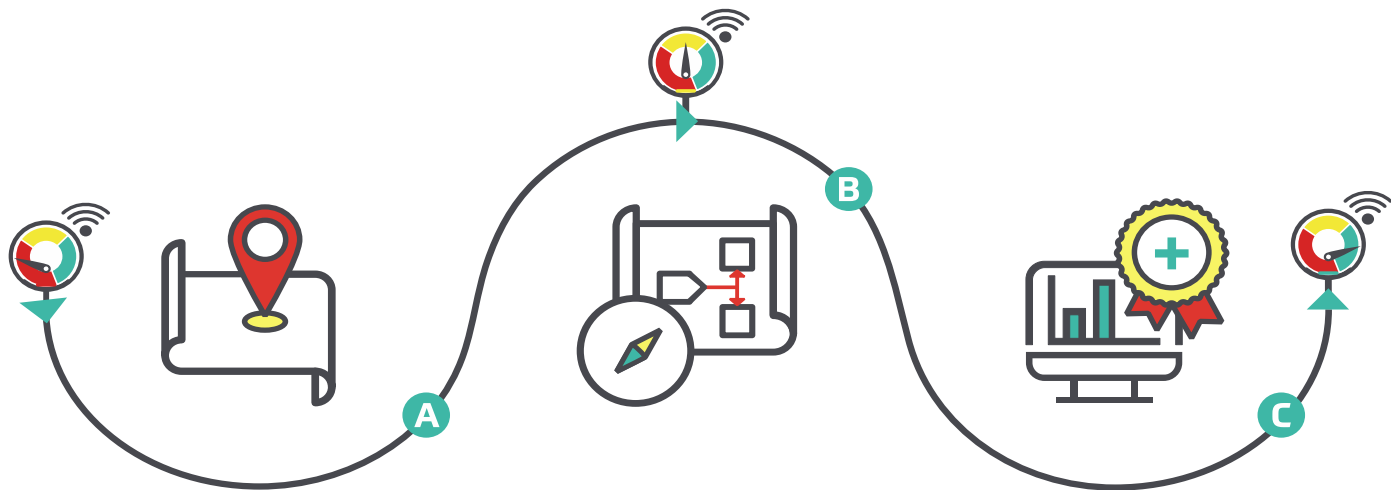
- 1.77% absolute reduction in SBT Scope 1 & 2 GHG emissions
- 19.5% reduction in natural gas intensity
- 25.9% reduction in electricity intensity
- 21.6% reduction in water intensity, and
- 12.1% reduction in solid waste intensity (91.6% diversion rate)

All of the above savings have a **payback period of one year on average!**

\*All. Performance measured from 2018 baseline with the exception of solid waste, which is a 2015 baseline and SBT Scope 1 and 2, which is a 2008 baseline.

**ENVIRO-STEWARDS**  
engineering change

# Energy Conservations Role in Decarbonization



## A Baseline

Establish Starting points & targets

- Operations (Scope 1 & 2)
- Supply Chain (Scope 3)

## B Conserve

- Implement quick wins & deep retrofits
- Decarbonize supply chain

## C Replace

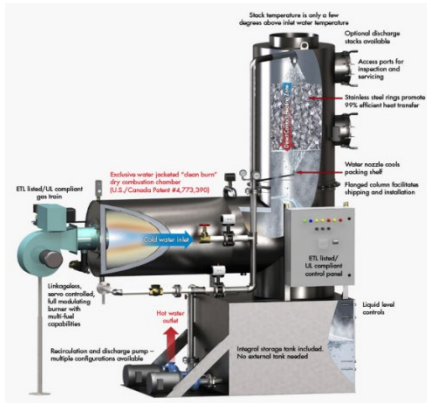
- Replace remaining consumption/emissions
- Select SDB-rich project(s)

# Typical Avenues Explored in Food & Beverage Energy Conservation

1. Lighting (LED, occupancy, etc.)
2. HVAC (air balancing, heat recovery, dehumidification, etc.)
3. Compressed Air (variable speed drives, leaks, heat reuse, etc.)
4. Refrigeration (floating head pressure, free cooling, heat reuse, etc.)
5. CIP & Hot Water (reuse tanks, nozzle selection, preheating, etc.)

# Heat Reuse Example

- 100% of electricity you buy eventually turns into heat
- Many facilities then pay to get rid of that heat (while they purchase heat somewhere else)



Direct Contact Water Heater: 97% Efficient

Preheat with refrigeration then heat: 2/3 less energy



Cooling Tower: Paying to get rid of heat

(elect., chem, water)



# Approach to Uncover Typical & Advanced Saving Opportunities in Food & Beverage Manufacturing



# Effective Energy Conservation

Engagement of key stakeholders during the assessment is essential for subsequent implementation.

1. Who are your energy champions?
2. What are your wastes?
3. Why are your wastes generated?
4. Where can they be improved?
5. When should they be implemented?
6. How can implementation be expedited?

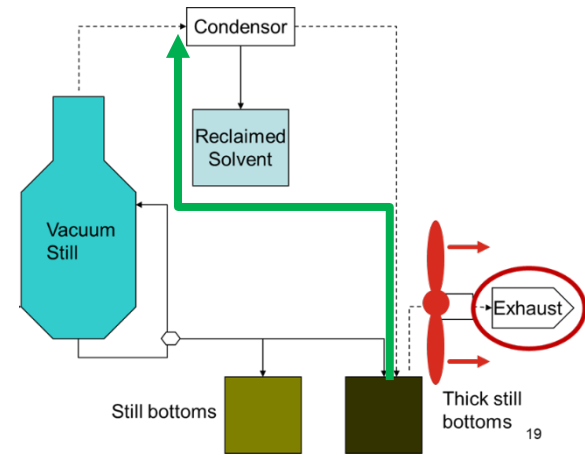


# Integrated Approach

If you study any system, you can only learn 60% of it (systems design theory). If you want to learn the other 40%, you need to understand the systems it interacts with.

For example:

- If study electricity ... new motor
- If study thermal ... heat exchanger
- If study toxics ... recover solvent



# Root Cause Analysis (The Why)

## Example:

- Hot water (22 litres/min) was being discharged to the drain
- The hot water was used to prevent clogging of the drain by lard discharged by the centrifuge

## Solution: Rework Lard Savings

- 1,200 litres/day of lard (and electricity to process lard)
- 22 litres/min of water
- Gas to heat the water
- Effluent chemicals & sludge disposal

# Case Study: Deeper Assessment of Southbrook Vineyards

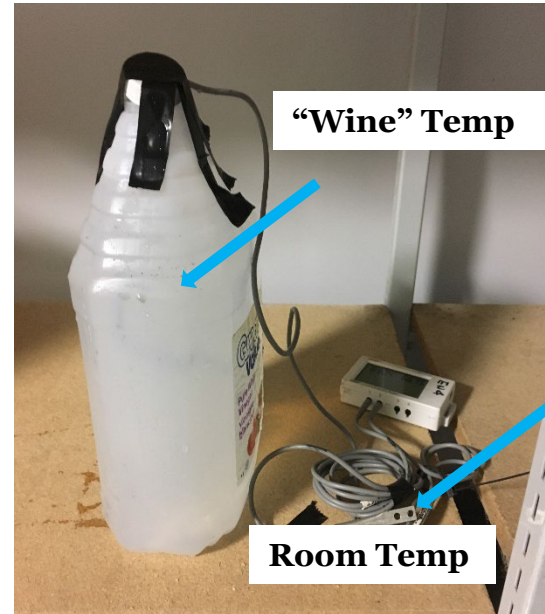
- Already LEED gold certified
- Previous audit identified 5% savings with a 20-year payback
- Our assessment identified & implemented 40% savings with a 4-month payback



# Set Point Selection: Southbrook Vineyards

How tight does a setpoint need to be?

- Wine temp vs room temp
- Allowing for the thermal storage capacity of wine, the cellar can be overcooled in the evening while preserving the wine aging setpoint
- Allowed a 70% turndown of ventilation system



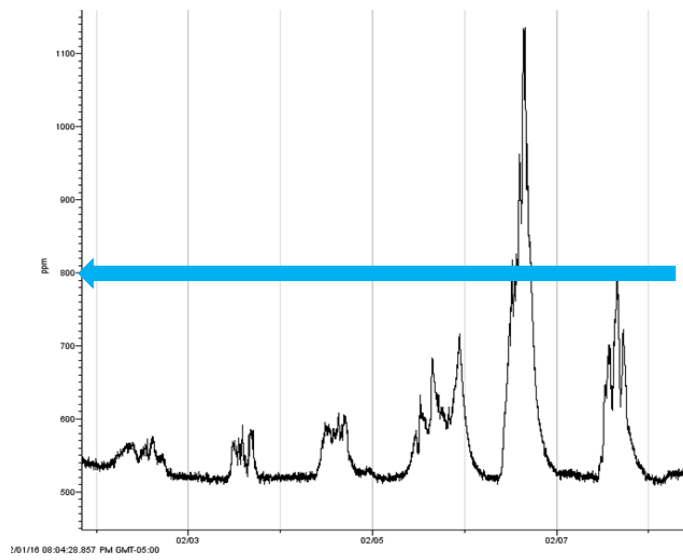
# Hold Your Breath: Southbrook Vineyards

Buildings typically take in 10% outside air to dilute carbon dioxide

- Add carbon dioxide controls in pavilion

Projected Savings:

- \$6,000/yr
- 15,700 m3 gas
- 3,000 kwh electricity

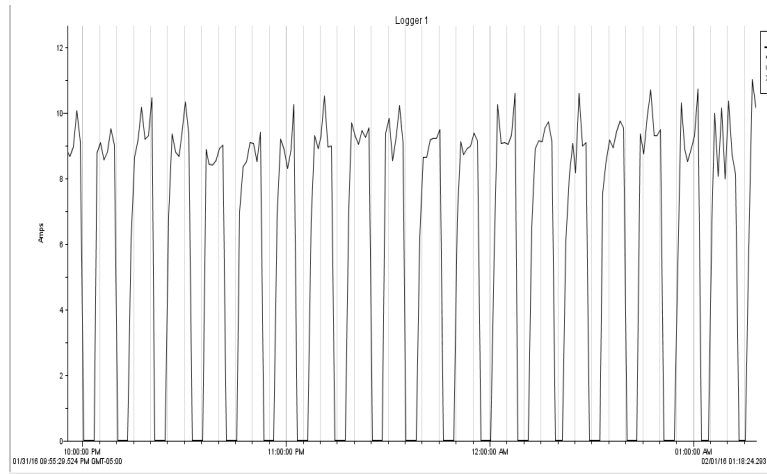


Carbon dioxide in pavilion

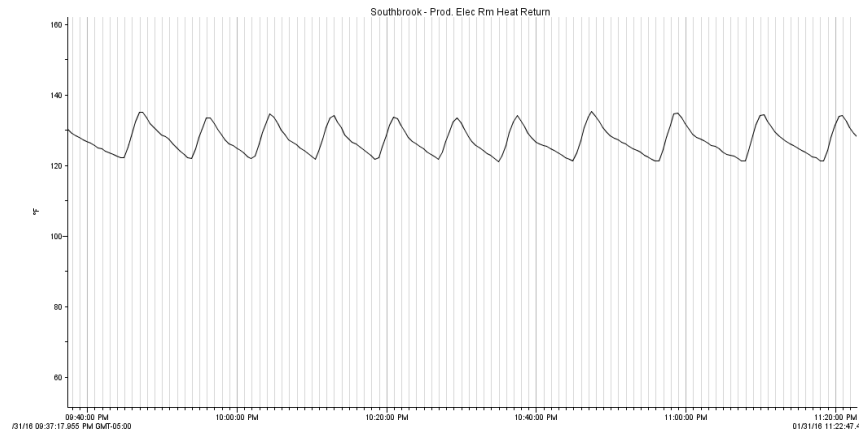
# Recommissioning

- Unit heater and A/C unit fighting each other 24/7/365 (in a LEED certified building)

Electrical Room A/C Amperage



Electrical Room Heater Hot Water Loop

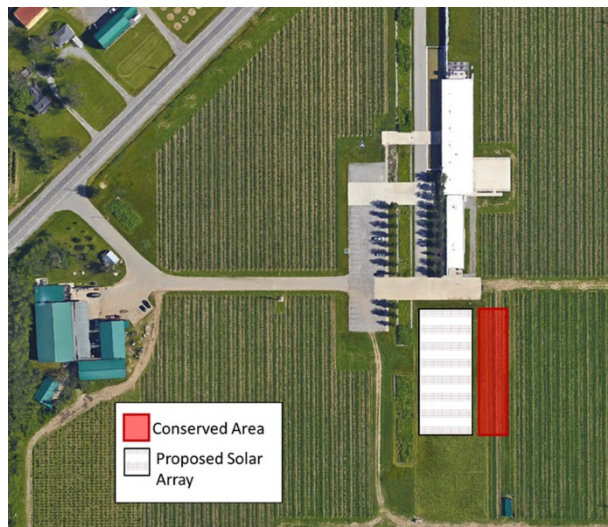




# Megawatts vs Renewable: Southbrook Vineyards

- 7-year payback for solar
- 0.3-year payback for conservation
- Avoided 1/2 acre of panels
- 50 cases/yr of “preserved reserve”

*"Don't use renewables to waste your energy more efficiently!"*



# What is the Why in this Picture?

## Blower Mixed Chilled Water Tank

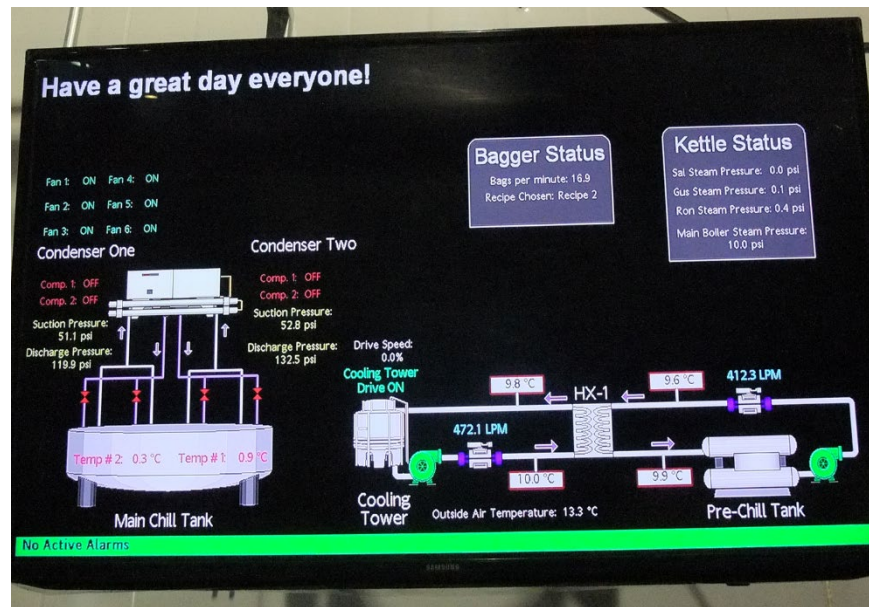
- Air from blowers (40 C) enters 5 C chilled water tank (40,000 BTU/hr)
- Added humidity removed by refrigerant evaporators (31,400 BTU/hr)



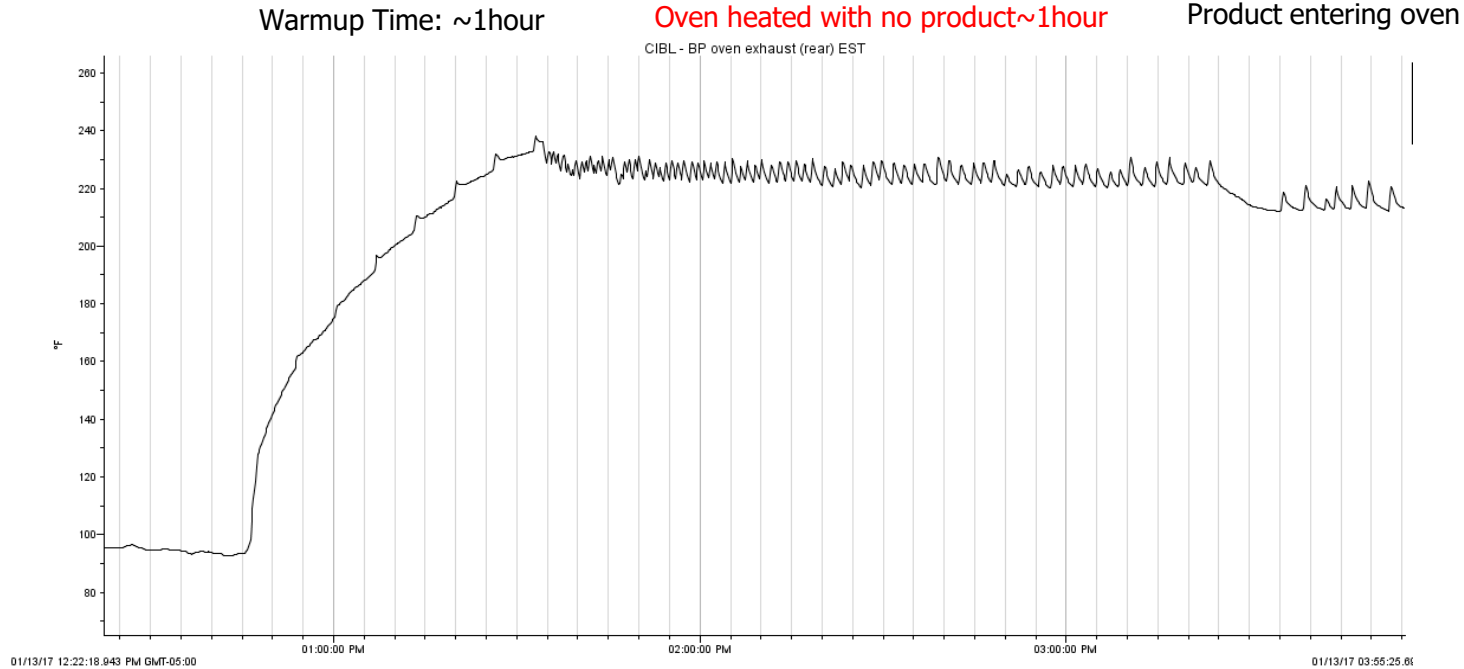
# What is the Why in this Picture?

## LCD Display in Gowning Area

- Cooling water temperature after it is cooled was warmer than before it is cooled
- Cooling tower was unintentionally a warming tower



# Bakery Energy, Water & Ingredient Conservation



# Campbell's Holistic Assessment

## Process Integration (PI) Study:

- 3,233,000 kWh/yr
- 4,570,000 m<sup>3</sup>/yr of gas
- 123,000 m<sup>3</sup> of water
- \$1,645,000/yr with 2-year payback

## Food Loss Prevention Study:

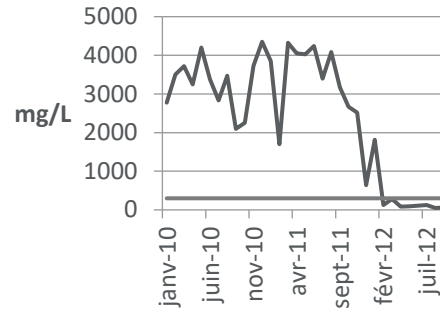
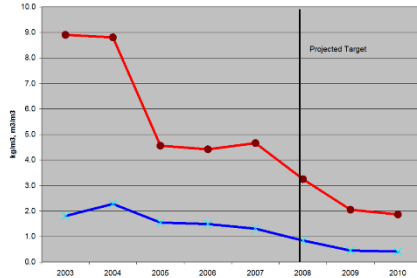
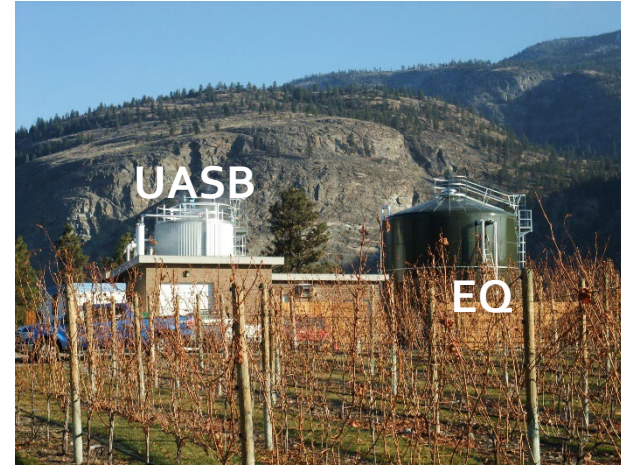
- \$706,000/year food savings with 6-month payback (938 tonnes/yr)



# Effluent Treatment (Prevention First)

Jackson Triggs, Oliver BC

- \$1.5 million capital cost savings
- Annual wine and water savings
- Avoided electricity for aeration



# Water Conservation (Save Embedded Energy)

2019 OWWA Public Sector Award:

- High participation rate
- Integration of co-benefits (energy, climate adaption, P2 & embedded water)
- Average 36% water savings/facility
- Average payback 1.5 years
- Plus electricity of chilled water

# Water Conservation (Save Embedded Energy)

Private Sector Award:

**WATER SAVING:**  
**>37,000 m<sup>3</sup>/year**

**TOTAL OPERATIONAL SAVINGS: \$285,000**

**Payback: Less than 6 months**

\*Payback period includes water incentives, energy and operational savings.





# Food Loss Prevention (Save Embedded Energy)

- 50 facilities averaged \$230k/yr with under 1-year payback
- Enough for a line of grocery bags from CN Tower to London, Ont.



# Case Study: Bimbo Canada



Here's what Bimbo Canada learned from taking the leap and implementing strategies to prevent food loss: Factory food loss prevention could save the output of 200 hectares of agricultural land otherwise wasted...

**Food loss prevention offers the opportunity to reduce environmental footprints while adding profit:**

**5.5M**  
meals that can be saved per year

**C\$1.6M**  
/year of food value that can be saved

**200**  
hectares of agricultural output that can be saved (less land conversion favors biodiversity)

**2.2K**  
tonnes of carbon emissions that can be avoided annually

**2.76B**  
litres/year of water already saved (including food supply chain impacts)

For full case study visit: [cec.org/BimboCanada](http://cec.org/BimboCanada)



# Common Energy-saving Measures in F&B



Pg. 7

- Take some time to identify energy-saving measures applicable to your facility

## TYPICAL ENERGY-SAVINGS MEASURES

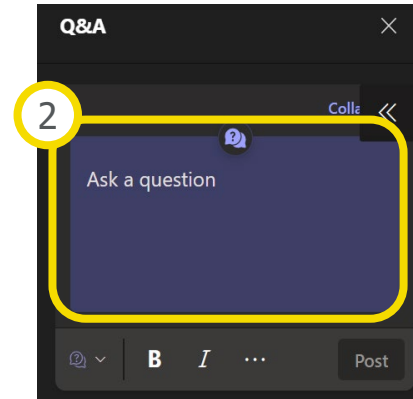
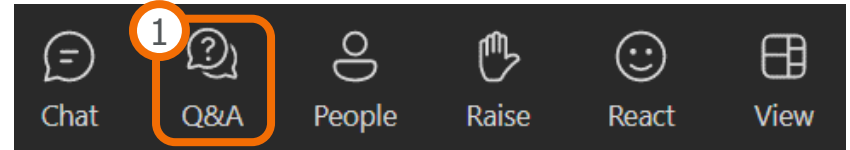
Circle or highlight the energy savings opportunities that are applicable to you in the list below, and document ones that are not listed.

- Optimizing Cooling Systems
- Optimizing Temperature Setpoints
- Optimizing Motors through Variable Speed Drivers
- Optimization of Steam Systems
- Harnessing Waste Heat through Heat Pumps
- Compressed Air Leak Hunt

List energy saving opportunities that are not listed above.

# Q&A with Bruce Taylor

**Use the Q&A function to type out your questions.**



Feel free to turn on your camera to ask questions as well!

# Energy Opportunity Implementation



Pg. 8

- Turn to page 8 of your workbook
- Take some time to note down commitments you will take to improve your energy performance at your facility

## ENERGY OPPORTUNITY IMPLEMENTATION

Make a commitment to 3 actions you will take to improve energy performance at your facility, and list more than 3 if you are inspired to do so.

Action	Timeframe
	Next week

Summarize other items, whether they are your significant energy users, general practices or specific techniques for finding new opportunities, or new potential energy-saving projects that you learned about today and want to act on in the near future.

# What will you do in the next week to start capturing energy saving opportunities?

0 responses